



WORKSHOP ON ULTRASONOGRAPHIC PAIN MEDICINE 2019

DEVELOPING PASSION FOR LEARNING

1st INTERNATIONAL CADAVERIC HANDS-ON WORKSHOP

19th & 20th
OCTOBER
2019

ORGANIZER

Department of
Physical Medicine & Rehabilitation
in association with
Department of Anatomy

:- VENUE :-

All India Institute of Medical Sciences
Jodhpur, Rajasthan, India

W U P M 2 0 1 9



WORKSHOP ON ULTRASONOGRAPHIC PAIN MEDICINE 2019

DEVELOPING PASSION FOR LEARNING

**1st INTERNATIONAL CADAVERIC HANDS-ON
WORKSHOP ON USG GUIDED PAIN MEDICINE**

- **International & National Faculty**
- **Direct Interaction with Renowned Faculty**
- **Small Groups of 6-8 Participants.**

Who Can Attend

- ★ **Physiatrist**
- ★ **Pain Physician**
- ★ **Anesthesiologist**
- ★ **Sports Physician**
- ★ **Rheumatologist**
- ★ **Radiologist**
- ★ **Neurologist**

**19th & 20th
October 2019**

LIMITED REGISTRATION

INVITATION



अखिल भारतीय आयुर्विज्ञान संस्थान, जोधपुर
ALL INDIA INSTITUTE OF MEDICAL SCIENCES, JODHPUR

Dear Colleagues,

On behalf of organizing committee, it gives us immense pleasure to invite you to join us at AIIMS, Jodhpur for **Workshop on Ultrasonographic Pain Medicine 2019** to be held on **19th & 20th October 2019** .

The main purpose of such academic events is to exchange ideas and to equip you with basic and advanced knowledge of ultrasonographic anatomy and hands-on practice of USG guided pain interventions .

We look forward to welcoming you with your families and extend our best wishes for a productive and successful workshop . We wish all our visiting delegates from India and abroad a pleasant and fruitful stay amongst us.



Patron
Prof. Sanjeev Misra
Director AIIMS Jodhpur



Organizing Chairman
Dr. Ravi Gaur
Associate Professor
AIIMS Jodhpur



Organizing Secretary
Dr. Nitesh Gonnade
Assistant Professor
AIIMS Jodhpur



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INTERNATIONAL FACULTY



Dr. Andre Mansano
Brazil



Dr. Helen Gharaei
Iran



Dr. Yehia Kamel
United Kingdom



Dr. Rohedi Yosi Asmara
Indonesia



Dr. Saulius Rutkauskas
Lithuania



Dr. Mohammad Moin Uddin
Bangladesh



Dr. Ahmed Abogamal
Dubai



Dr. Yen-chih Chen
Taiwan

NATIONAL FACULTY



Dr. Neeraj Jain



Dr. Mrinal Joshi



Dr. Madhan Mangala
Pandian



Dr. Anand Murugesan



Dr. Sreejith K



Dr. Sourav Iswarari



Dr. Nitesh Gonnade



Dr. Shehadad.k



Dr. Neeraj Mehta



Dr. Vaibhav Lokhande



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Day 1 Program Schedule



Venue: Department of Physical Medicine & Rehabilitation

Registration

8:00 am - 8:20 am

Inauguration ceremony

8:20am - 9:00 am

Station 1- 9:00 am – 09:45 am

Shoulder Sonoanatomy

Long head of Biceps, Rotator cuff muscles & RC interval, GH & AC joint, SASD bursa, Supra-scapular nerve, Axillary recess & Dynamic evaluation.

Station 2 - 09:45 am – 10:30 am

Elbow, Wrist & Hand Sonoanatomy

Lateral & Medial epicondyle, Cubital tunnel, Elbow joint, Olecranon recess, Carpal tunnel, Dorsal compartments of hand & wrist, IP and MCP joints.

HIGH TEA (10 Min)

Station 3 - 10:40 am – 11:25 am

Hip Sonoanatomy

Hip joint, Greater trochanteric complex, IT band, Hip Genicular nerve.

Station 4 - 11:25 am – 12:10 am

Gluteal Sonoanatomy

Cluneal nerve, Pudendal nerve, Sciatic nerve, Ischial bursa, Piriformis Muscle

Station 5 - 12:10 am – 12:55 am

Knee Sonoanatomy

Menisci, Collateral ligaments, Retinaculum, Supra patellar recess, Bursa, Tibial & Genicular Nerve.



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LUNCH 50 Min

Station 6 - 01:45 pm – 02:30 pm

Ankle & Foot Sonoanatomy

Tibiotalar/Subtar/ Talonavicular/ MTP/ IP joint, Achillis tendon, Retrocalcaneal / Retro achillis bursa, Tarsal tunnel & Plantar fascia.

Station 7 - 02:30 pm – 03:15 pm

Peripheral Nerve's Sonoanatomy

Median, Ulnar, Greater Occipital , Intercostal Ilioinguinal/iliohypogastric, Lateral Femoral Cutaneous, Saphenous Supra / Infra orbital, Mental nerve

Station 8 - 03:15 pm – 04:00 pm

Head & Cervical Region Sonoanatomy

Atlanto-occipital / Atlanto-axial / Cervical facet joint, Cervical Medial branch, 3rd Occipital nerve, Cervical nerve roots, Stellate ganglion

TEA 10 MIN

Station 9 - 04:10 pm – 04:55 pm

Thoracic Spine Sonoanatomy

Thoracic Facet Joint, Thoracic Medial Branches, Thoracic Paravertebral Area, Intercostal Nerve Block

Station 10 - 04:55 pm - 05:35 pm

Lumbar Spine Sonoanatomy

Lumbar facet joint, Lumbar medial branches, Caudal epidural space, SI joint, Ilio-psoas and Quadratus lumborum

05:35 pm

Closure of Day 1

07:30 pm onwards

Gala Dinner



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Day 2 Program Schedule

Venue: Department of Anatomy, AIIMS, Jodhpur



Station 1 - 08:00 am – 09:00 am

Cadaver Supine-Shoulder, Elbow

Rotator Cuff Interval Injection, Bicipital Tendon Sheath Injection, AC Joint and SASD Bursa.

Station 2 - 09:00 am – 10:00 am

Cadaver Supine-Elbow & Wrist

Elbow joint, tennis/golfer's elbow, Carpal tunnel, Trigger finger, guyon's canal, de Quervain's, Wrist/MCP and IP joint.

Station 3 - 10:00 am – 11:00 am

Cadaver Lateral- Shoulder & Face

Glenohumeral Joint, Supra-scapular Nerve, Temporo Mandibular Joint, Pterygopalatine Fossa, Auriculo-temporal Nerve.

TEA BREAK (10 MINUTES)

Station 4 - 11:10 am – 12:10 pm

Cadaver Lateral-Cervical & Shoulder

Medial Branch, Cervical Nerve Root Block, Stellate Ganglion Block, Third Occipital Nerve, Superficial Cervical Plexus.

Station 5 - 12:10 pm – 01:10 pm

Cadaver Prone-Cervical

Atlanto-Occipital/ Atlanto-Axial/ Cervical Facet Joint, Greater And Lesser Occipital Nerve Block.



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LUNCH (40 MINUTES)

Station 6 - 01:50 pm – 02:50 pm

Cadaver Prone- Thoracic & Lumbar Spine

Lumbar/Thoracic Facet Joint, Medial Branch Block, Caudal Epidural Block, Intercostal Nerve Block, Ilio-Psoas/Quadratus Lumborum block and Cluneal

Station 7- 02:50 pm – 03:50 pm

Cadaver Supine-Hip

Hip Joint, Trochanteric Bursa, Ligaments, Obturator Nerve, Ilio-Psoas Bursa, Pubic Symphysis and Hip Genicular Nerve

Station 8 - 03:50 pm – 04:50 pm

Cadaver Prone-Hip, Knee & Ankle

Piriformis Block, SI Joint injection, Ischial/GT Bursa, Pudendal Nerve Block, IT Band, Achilles Tendon, Plantar Fascia, Retrocalcaneal & Retroachillis Bursa.

Tea break (10 minutes)

Station 9 - 05:00 pm – 06:00 pm

Cadaveric Supine: Knee & Ankle

Knee Genicular Nerve Block, Tibial Nerve Block, Pes Anserine Bursa, Knee Ligaments, Knee /Tibiotalar/Subtalar Joint Injection.

Station 10 - 06:00 pm – 07:00 pm

Cadaver Supine-Peripheral Nerve Blocks

Ilioinguinal/Iliohipogastric Nerve Block, Lateral Femoral Cutaneous Nerve Block, Saphenous Nerve Block, Supra and Infra Orbital Nerve Block,

07:00 pm

Vote of Thanks, Tea Break, Workshop Closure



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REGISTRATION FEES

| Delegate Country | Registration Tariff |
|------------------|---------------------|
| INDIA | INR 20000/- |
| ASIA & AFRICA | US \$500/- |
| OTHER | US \$800/- |

SPOT REGISTRATION FEES

| | |
|--------|--------------|
| INDIA | INR 40000/- |
| OTHERS | US \$ 1500/- |

BANK DETAILS for NEFT/RTGS

| | | |
|---------------|---|---|
| ACCOUNT TITLE | - | PMR ACADEMIC EVENTS |
| BANK | - | BANK OF BARODA |
| ACCOUNT TYPE | - | CURRENT |
| ACCOUNT NO. | - | 18720100024467 |
| IFSC CODE | - | BARB0INDJOD (5 th character is zero) |
| MICR CODE | - | 342012004 |
| SWIFT CODE | - | BARBINBBMIA |
| BANK ADDRESS | - | IE MARUDHAR BRANCH, BASNI, JODHPUR, RAJASTHAN, INDIA |

Note:- Download registration form from www.aiimsjodhpur.edu.in.

Send filled form & transaction detail to wupm2019pmr.aiimsjodhpur@gmail.com



WUPM 2019



Patron
Dr. Sanjeev Misra

ORGANIZER



Organizing Chairperson
Dr. Ravi Gaur



Organizing Chairperson
Dr. Surajit Ghatak



Organizing Secretary
Dr. Nitesh Gonnade



Treasurer
Dr. Govind Singh



Co - Treasurer
Dr. Satyasheel Asthana



Workshop Committee
Dr. Vaibhav Lokhande



Workshop Committee
Dr. Dushyant Agarwal



Cadaveric Committee
Dr. Ashish Nayyar



Workshop Co-ordinator
Dr. Sharad Kedia



Workshop Co-ordinator
Dr. Rambeer



Workshop Co-ordinator
Dr. Minhaj Akhter

ABOUT JODHPUR

THE FORMER CAPITAL OF MARWAR STATE, JODHPUR WAS FOUNDED IN 1459 BY RAO JODHA. SITUATED ON THE FOOT HILLS OF A SANDSTONE MOUND, IT BELONGS TO WORLD'S OLDEST SYSTEM OF ARAVALI. THE CITY OF JODHPUR HAS GROWN AROUND THE MAGNIFICENT MEHRANGARH FORT. THE "SUNCITY" JODHPUR IS A HERITAGE CITY AND FEAST OF RECREATIONAL ACTIVITIES COMPRISING OF FOLK MUSIC, DANCE, FOOD, ART AND HANDICRAFT. THE BLUE CITY HAS ALWAYS BEEN A SEAR OF CULTURAL HERITAGE AND LEARNING FROM TIME IMMEMORIAL.

SIGHTSEEING: MEHRANGARH FORT, JASWANT THADA, UMAID BHAWAN PALACE, GIRDIKOT AND SARDAR MARKET, MUSEUM, MANDORE GARDEN, OSIAN, KAYLANA LAKE AND BALSAMAND LAKE.

NEARBY DESTINATIONS: UDAIPUR, JAISALMER, JAIPUR AND BIKANER.



WORKSHOP SECRETARIAT

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All India Institute Of Medical Sciences

Jodhpur, Rajasthan, India



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